

ASSORTED BLACK & GREEN OLIVES WITH HALMON CHEESE & OREGANO IN OIL

- **Olives** are high in vitamin E and other powerful antioxidants. Good for heart and may protect against osteoporosis and cancer.
- **Halmon Cheese** is a great source of calcium, fat, and protein.
- **Oregano** has a strong flavor and brings warmth to dishes, along with a hint of subtle sweetness, it also rich in antioxidants, which are compounds that help fight damage from harmful free radicals in the body.

PACKING DETAILS

Weight	10Kg
Units/ Case	10Kg/ Drum
Cases/ Pallet	48
Shelf-life	12 Months
Pack Language	English & Arabic

NUTRITION FACTS:

Olives	
Calories	115
Water	80%
Protein	0.8g
Carbs	6.3g
Sugar	0g
Fiber	3.2g
Fat	10.7g
Saturated	1.42g
Monounsaturated	7.89g
Polyunsaturated	0.91g

INGREDIENTS:

Green Fresh Olives	Halmon Cheese
Black Fresh Olives	Fresh Oregano



STORAGE AND HANDLING

Can be kept at room temperature in a cool and dry place.

Unopened olives may be stored for as long as 12 months.

Transfer the olives from the opened package along with the brine into a glass or plastic bowl. (Please do not place in a metal container for the brine might react negatively with the metal causing poisoning).

Cover with cling film and then store under refrigerated conditions.